

## Curriculum vitae

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## Education

**2016 - Present: PhD candidate** (University of Thessaly & University Copenhagen) “Effect of radiation on behavioral and physiological mechanisms of human thermoregulatory system”

**2016: MSc Degree** in Exercise and health, School of Physical Education and Sport Science, University of Thessaly

**2014: BSc Degree**, School of Physical Education and Sport Science, University of Thessaly

## Work

Position	Company	Country	Duration
Researcher	CETRI Ltd	Cyprus	01/05/2015-31/12/2015
Researcher	Biomechanical Solutions	Greece	01/10/2015 – Present
Head coach	APOEL Runners	Cyprus	01/09/2014 – Present

## TRANSNATIONAL PERSONNEL EXCHANGES

Position	Program	Countries	Duration
Researcher	Smart HELMET	Greece-Portugal	10/04/2016 – 09/04/2017

**HEAT-SHIELD:** My scientific focus is to investigate the effect of environmental stress on worker’s productivity. Specifically, is to investigate how the whole spectrum of radiation affects the behavioral and physiological mechanisms of human thermoregulatory system.