

## Curriculum Vitae

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## Education

2014: MSc. Degree in Human Physiology, Dept. Nutrition, Exercise and Sports - University Copenhagen  
2012: BSc. Degree, Dept. of Exercise and Sports Science - University Copenhagen

## Work

Oct. 2016 – present *Ph.D. scholarship Faculty of Science, University of Copenhagen, Denmark.*  
sept. 2014 - Teacher - *Fitness Institute*  
mar. 2015 - Teacher and Technician - *InBodyDanmark*  
mar. 2015 - Physical trainer - *Handball club Ajax Copenhagen*  
may 2016 - Physical trainer – *Handball club Virum Sorgenfri*  
apr. 2015 - okt. 2015: Staff scientist, *Neural Control of Movement, University of Copenhagen, Denmark*  
aug. 2014 - jan 2015: Research assistant, *Neural Control of Movement, University of Copenhagen, Denmark*

My main research area is heat-stress and its effect on cognitive performance and how humans can adapt to heat.

## HEAT-SHIELD specific information

Scientifically my focus will be on cognitive functioning during prolonged work/exposure to heat stress and identifying underlying mechanisms, influence of hydration, age, heat acclimatization. In relation to this try to develop a test protocol that can elucidate the effects of heat-stress on cognitive performance.